

# Made Without Gluten Containing Ingredients Menu 2017 BSA Jamboree

## Lunch Wednesday 7/19

Lemon & Pepper Tuna Pouch  
GF Roll  
Apple Sauce  
Orange  
Sunflower Seed  
Pudding Cup  
CL Fruit Punch Sticks

## Dinner Wednesday 7/19

Hamburger  
Ketchup, Mustard, Relish Packet  
GF Burger Bun  
Potato Salad  
Apple Chips  
Gatorade

## Breakfast Thursday 7/20

GF Blueberry Muffin  
GF Apple Cinnamon Cereal  
Apple Sauce  
Apple  
Orange Juice  
2% Milk

## Lunch Thursday 7/20

Sunbutter and Jelly Packets  
GF Sliced Bread  
Trail Bar  
Mixed Fruit Cup  
GF Pretzels  
GF Snickerdoodle Cookie  
CL Lemonade Sticks

## Dinner Thursday 7/20

Sliced Turkey  
Mixed Vegetable  
Roast Diced Potato  
GF Dinner Roll, Butter Packet  
GF Carrot Cupcake  
Gatorade

## Breakfast Friday 7/21

Egg, Ham, Cheese Sandwich  
GF English Muffin  
Orange  
Apple Juice  
2% Milk

## Lunch Friday 7/21

Jerky  
Fritos  
Fruit Cup  
Dried Apricots  
Mixed Berry Fruit Snack  
Raisins  
CL Peach Tea Sticks

## Dinner Friday 7/21

Sloppy Joe Meat  
GF Burger Bun  
Potato Chip  
Cole Slaw  
GF Chocolate Chip Cookie  
Gatorade

## Breakfast Saturday 7/22

Eggs with Bacon, Cheese,  
Peppers and Onions  
GF Tortilla Wrap  
Orange Juice  
2% Milk

## Lunch Saturday 7/22

Chicken  
GF Crackers  
Baked Lay's  
Apple  
Plentils Pizza Chip  
GF Mini Vanilla Cookies  
CL Lemonade Sticks

## Dinner Saturday 7/22

Chicken Breast  
Mixed Vegetable  
Roast Diced Potato  
GF Dinner Roll, Butter Packet  
GF Oatmeal Raisin Cookie  
Gatorade

## Breakfast Sunday 7/23

GF Pancakes  
GF Bread Slices  
Eggs with Cheese, Ham, Pepper, Onion  
Sausage  
Apple Juice  
2% Milk  
GF Syrup and Butter Packet

Lunch Sunday 7/23

Jerky  
GF Pretzels  
GF Snack Bar  
Raisins  
GF Pretzels  
GF Chocolate Chip Cookie  
CL Fruit Punch Sticks

Breakfast Monday 7/24

Chex Corn Cereal  
GF Cinnamon Bun  
Orange  
Grape Juice  
2% Milk

Dinner Monday 7/24

GF Rigatoni Pasta with Sauce  
GF Meatballs  
GF Dinner Roll, Butter Packet  
Garden Salad, GF Dressing  
GF Chocolate Cupcake  
Gatorade

Lunch Tuesday 7/25

Sunbutter and Jelly Packets  
GF Sliced Bread  
Keenwah Puffs Aged Cheddar  
Mixed Fruit Cup  
GF Pretzels  
GF Snickerdoodle Cookie  
CL Lemonade Sticks

Breakfast Wednesday 7/26

GF Blueberry Muffin  
GF Apple Cinnamon Cereal  
Applesauce  
Apple  
Orange Juice  
2% Milk

Dinner Wednesday 7/26

Sliced Turkey  
Mixed Vegetable  
Roast Diced Potato  
GF Dinner Roll  
GF Carrot Cupcake  
Gatorade

Dinner Sunday 7/23

Pulled BBQ Chicken  
GF Burger Bun  
Potato Chip  
GF Pasta Salad  
GF Whoopie Pie  
Gatorade

Lunch Monday 7/24

Sun Dried Tomato Tuna Pouch  
GF Roll  
Apple Sauce  
Orange  
Sunflower Seed  
Pudding Cup  
CL Fruit Punch Sticks

Breakfast Tuesday 7/25

GF French Toast  
Bacon  
GF Syrup and Butter Packet  
Apple  
Grape Juice  
2% Milk

Dinner Tuesday 7/25

Hamburger  
Ketchup, Mustard, Relish Packet  
GF Burger Bun  
Potato Salad  
Apple Chips  
Gatorade

Lunch Wednesday 7/26

Jerky  
Fritos  
Fruit Cup  
Dried Apricots  
Mixed Berry Fruit Snack  
Raisins  
CL Peach Tea Sticks

Breakfast Thursday 7/27

Eggs with Bacon, Cheese,  
Peppers and Onions  
GF Tortilla Wrap  
Orange Juice  
2% Milk

Lunch Thursday 7/27

Chicken  
GF Crackers  
Baked Lay's  
Apple  
Plentils Pizza Chip  
GF Mini Vanilla Cookies  
CL Lemonade Sticks

Dinner Thursday 7/27

Chicken Breast  
Mixed Vegetable  
Roast Diced Potato  
GF Dinner Roll, Butter Packet  
GF Oatmeal Raisin Cookie  
Gatorade

Breakfast Friday 7/28

Chex Corn Cereal  
GF Cinnamon Bun  
Orange  
Grape Juice  
2% Milk