

★ FORK - IN - THE - ROAD DINER ★

FEATURES

breakfast 5:30am - 8:00am
 Summit 2 go lunch pick up 5:30am to 8:30am
 dinner 5:30pm - 8:00pm

7/17
and
7/25

breakfast: french toast with ham steaks

dinner: jambalaya over rice w cornbread or hamburgers

7/21
and
7/29

breakfast: turkey or pork sausage sandwich

dinner: chicken alfredo or fish and chips

7/18
and
7/26

breakfast: bagel and toast bar with smoked salmon

dinner: tandoori chicken or chicken fajita

7/22
and
7/30

breakfast: pepper and chorizo frittata

dinner :
 bbq night: brisket or pork bbq or chicken wings
 sauce choices: red, golden, thai, curry, vinegar

7/19
and
7/27

breakfast: sausage gravy with biscuit

dinner: penne carbanara or chicken parm subs

7/23
and
7/31

breakfast: build your own breakfast taco

dinner: cowboy mac or spicy chicken sandwich

7/20
and
7/28

breakfast: pancakes with sausage links

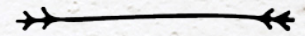
dinner: rotisserie chicken, corn, beans or chicken philly steak

7/24
and
8/1

breakfast: steak egg and cheese frittata

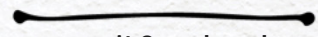
dinner: honey fried chicken or meatball sub

DON'T MISS THIS



breakfast regulars

scrambled eggs, home fried potatoes, white and wheat bread, whole fruit, cereal, fruit and yogurt bar, milk, juice, tea, and coffee



summit 2 go lunch

protein cycle options will rotate:
 cycle #1: tuna salad, turkey jerky, tortilla beef wrap, beef jerky, peanut butter, sunbutter

cycle #2 : chicken salad, teriyaki jerky, beef jerky, sweet and sour chicken sandwich, sunbutter, peanut butter

in addition to protein cycles, bread choices of tortillas, bagel, sliced bread, and crackers will be available daily.

additional snack bars, fruit, nut, trail mixes, desserts, and drink mix selections will be available

remember to bring your own bag



dinner regulars

daily selections of salad bar, whole fruit, side dishes, bread options, dessert, and beverages