

17-Jul

#1 DINNER
Hamburger Bun
GF Udi Roll
Roasted Potato
Ketchup / Mustard / Relish
Chocolate Pudding
Crystal Light
Self Heating Bag

18-Jul

#1 BREAKFAST
GF French Toast
Bacon
Butter and Syrup
Apple
Grape Juice
Milk
Self Heating Bag

#1 LUNCH
Sunbutter
Rice Cracker
Granola Bar
Apple
Mango Pineapple Trail Mix
Kid's Kind Bar
Lemonade

#2 DINNER
Sliced Turkey
Mixed Vegetables
Roasted Potatoes
GF Dinner Roll and Butter
GF Carrot Cake
Crystal Light
Self Heating Bag

19-Jul

#2 BREAKFAST
GF Blueberry Muffin
Apple Cinn Cereal
Applesauce
Apple
Orange Juice
Milk

#2 LUNCH
Chicken Salad
Rice Cracker
Pirate Booty White Ched Puff
Orange
Sunflower Seed
Vanilla Pudding
Fruit Punch

#3 DINNER
Hamburger Bun
GF Roll
Potato Chips
Apple
Cole Slaw
GF Chocolate Chip Cookie
Ketchup and Mustard
Crystal Light
Self Heating Bag

20-Jul

#3 BREAKFAST
Egg Patty
Bacon
American Cheese
GF Wrap
Orange Juice
Milk
Self Heating Bag

#3 LUNCH
Lemon Pepper Tuna
Rice Cracker
Raisins
Energizer Trail Mix
Clif Bar
Peach Tea

#4 DINNER
Grilled Chicken Breast
Roasted Potatoes
Mixed Vegetables
Dinner Roll and Butter
GF Oatmeal Raisin Cookie
Crystal Light
Self Heating Bag

21-Jul

#4 BREAKFAST
Egg Patty

#4 LUNCH
Beef Jerky

#5 DINNER
Grilled Chicken

Turkey Bacon
American Cheese
Peppers and Onions
GF Tortilla
Orange Juice
Milk
Self Heating Bag

Pop Chips
Kind Bar
Apple Sauce
Sweet n Salty Mix
Chocolate Pudding
Fruit Punch

Marinara Sauce
GF Penne Pasta
GF Dinner Roll and Butter
Potato Chip
GF Brownie
Crystal Light
Self Heating Bag

22-Jul

#5 BREAKFAST
GF Blueberry Muffin
Apple Cinn Cereal
Applesauce Cup
Apple
Orange Juice
Milk

#5 LUNCH
PBJ
Rice Crackers
Veggie Straws
Mixed Fruit Cup
GF Pretzels
Vanilla Pudding
Lemonade

#6 DINNER
GF Pasta and Marinara
GF Meatballs
GF Dinner Roll and Butter
Tossed Salad and Dressing
Vanilla Pudding
Crystal Light
Self Heating Bag

23-Jul

#6 BREAKFAST
Egg Patty
Turkey Bacon
American Cheese
Peppers and Onions
GF Tortilla
Orange Juice
Milk
Self Heating Bag

#6 LUNCH
Turkey Jerky
Pop Chips
Peach Cup
All Energy Trail Mix
Chocolate Pudding
Fruit Punch

#7 DINNER
Hamburger Bun
GF Udi Roll
Potato Salad
Ketchup / Mustard / Relish
Chocolate Pudding
Crystal Light
Self Heating Bag

24-Jul

#7 BREAKFAST
Egg Patty
Ham
GF Sliced Bread
Peppers and Onions
Sausage Patty
Apple Juice
Milk
Self Heating Bag

#7 LUNCH
Teriyaki Jerky
Pirate Booty White Ched Puffs
GF Pretzels
Sweet and Salty Mic
Welch Fruit Snacks
Peach Tea

#8 DINNER
Roasted Turkey
Roasted Potatoes
Mixed Vegetables
GF Dinner Roll and Butter
GF Carrot Cake
Crystal Light
Cutlery Kit
Self Heating Bag

25-Jul

#8 BREAKFAST
Chex Corn Cereal
GF Chocolate Muffins
Orange
Grape Juice

#8 LUNCH
Lemon Pepper Tuna
Rice Cracker
Granola Bar
Orange

#9 DINNER
Grilled Chicken
Roasted Sweet Potato
Mixed Vegetable
Tossed Salad and Dressing

Milk

Peanut Almond Mix
Vanilla Pudding
Fruit Punch

GF Dinner Roll and Butter
Crystal Light
GF Chocolate Chip Cookie
Self Heating Bag

26-Jul

#9 BREAKFAST
GF French Toast
Bacon
Butter and Syrup
Apple
Grape Juice
Milk
Self Heating Bag

#9 LUNCH
Sunbutter
Rice Cracker
Granola Bar
Apple
Mango Pineapple Trail Mix
Kid's Kind Bar
Lemonade

#10 DINNER
Hamburger Bun
GF Udi Roll
Roasted Potato
Ketchup / Mustard / Relish
Chocolate Pudding
Crystal Light
Self Heating Bag

27-Jul

#10 BREAKFAST
GF Blueberry Muffin
Apple Cinn Cereal
Applesauce
Apple
Orange Juice
Milk

#10 LUNCH
Chicken Salad
Rice Cracker
Pirate Booty White Ched Puff
Orange
Sunflower Seed
Vanilla Pudding
Fruit Punch

#11 DINNER
Sliced Turkey
Mixed Vegetables
Roasted Potatoes
GF Dinner Roll and Butter
GF Carrot Cake
Crystal Light
Self Heating Bag

28-Jul

#11 BREAKFAST
Egg Patty
Bacon
American Cheese
GF Wrap
Orange Juice
Milk
Self Heating Bag

#11 LUNCH
Lemon Pepper Tuna
Rice Cracker
Raisins
Energizer Trail Mix
Clif Bar
Peach Tea

#12 DINNER
Hamburger Bun
GF Roll
Potato Chips
Apple
Cole Slaw
GF Chocolate Chip Cookie
Ketchup and Mustard
Crystal Light
Self Heating Bag

29-Jul

#12 BREAKFAST
Chex Mix Cereal
GF Cinnamon Muffin
Orange
Grape Juice
Milk

#12 LUNCH
Beef Jerky
Pop Chips
Kind Bar
Apple Sauce
Sweet n Salty Mix

#13 DINNER
Grilled Chicken Breast
Roasted Potatoes
Mixed Vegetables
Dinner Roll and Butter
GF Oatmeal Raisin Cookie

Chocolate Pudding
Fruit Punch

Crystal Light
Self Heating Bag

30-Jul

#13 BREAKFAST
Egg Patty
Turkey Bacon
American Cheese
Peppers and Onions
GF Tortilla
Orange Juice
Milk
Self Heating Bag

#13 LUNCH
PBJ
Rice Crackers
Veggie Straws
Mixed Fruit Cup
GF Pretzels
Vanilla Pudding
Lemonade

#14 DINNER
Grilled Chicken
Marinara Sauce
GF Penne Pasta
GF Dinner Roll and Butter
Potato Chip
GF Brownie
Crystal Light
Self Heating Bag

31-Jul

#14 BREAKFAST
GF Blueberry Muffin
Apple Cinn Cereal
Applesauce Cup
Apple
Orange Juice
Milk

#14 LUNCH
Turkey Jerky
Pop Chips
Peach Cup
All Energy Trail Mix
Chocolate Pudding
Fruit Punch

#15 DINNER
GF Pasta and Marinara
GF Meatballs
GF Dinner Roll and Butter
Tossed Salad and Dressing
Vanilla Pudding
Crystal Light
Self Heating Bag

1-Aug

#15 BREAKFAST
Egg Patty
Turkey Bacon
American Cheese
Peppers and Onions
GF Tortilla
Orange Juice
Milk
Self Heating Bag

#15 LUNCH
Teriyaki Jerky
Pirate Booty White Ched Puffs
GF Pretzels
Sweet and Salty Mic
Welch Fruit Snacks
Peach Tea

#16 DINNER
Hamburger Bun
GF Udi Roll
Potato Salad
Ketchup / Mustard / Relish
Chocolate Pudding
Crystal Light
Self Heating Bag

2-Aug

#16 BREAKFAST
Egg Patty
Ham
GF Sliced Bread
Peppers and Onions
Sausage Patty
Apple Juice
Milk
Self Heating Bag

#16 LUNCH
Lemon Pepper Tuna
Rice Cracker
Granola Bar
Orange
Peanut Almond Mix
Vanilla Pudding
Fruit Punch

#17 DINNER
Roasted Turkey
Roasted Potatoes
Mixed Vegetables
GF Dinner Roll and Butter
GF Carrot Cake
Crystal Light
Cutlery Kit
Self Heating Bag

3-Aug

#17 BREAKFAST
Chex Corn Cereal
GF Chocolate Muffins
Orange
Grape Juice
Milk